

DISCUSSION GUIDE

to help us reflect further on the message

1. Why is it important to distinguish between bible reading, meditation, and prayer? *Share experiences of how we use all three.*
2. How does the world affect our thinking, feeling, and doing? (Psalm 1:1). *How can we offset this in our life?*
3. How can meditation help us in our walk with God? (Joshua 1:8).
4. Share some of the opportunities you have had this week to meditate. (for example when in a queue, etc.).
5. How should we evaluate the present state of our church in the context of Psalm 1:3? *Is it fair to say, "Those who do not meditate are not blessed"?*
6. Discuss Psalm 92:12-15 in the context of the blessing of meditation. *How do you understand the idea of being "transplanted" in the Church and in the world?*
7. Compare Jeremiah 17:5-8 with our study on meditation. *What are the similarities? What differences are there?*
8. What does it mean to "prosper" in the Christian life? See Psalm 1:3. *How can we continue to prosper? See Joshua 1:6-8 and 1 Kings 2:1-3.*
9. How should we understand Habakkuk 3:17-18 in the context of the promised prosperity in Psalm 1:3?